

Promoting Children's Well-Being: The Role of Workplace Flexibility

Biographies:

Barbara Schneider is a Distinguished Professor in the College of Education at Michigan State University. Previously, she was a professor of sociology and human development at the University of Chicago. Dr. Schneider co-directed the Alfred P. Sloan Center on *Parents, Children and Work*. During her tenure at the Center, Barbara Schneider conducted the 500 family study, which involved original data collection among middle class dual career families in eight communities across the U.S. The study examined the complexities of work and family life experienced by parents and their children.

Barbara Schneider's research interests include: how working families make investments in time and resources, how these choices are made, how these investments affect the quality of relationships in the household, and how these impact the socialization of school-age children and adolescents. In her recent book co-edited with Linda Waite, *Being Together, Working Apart: Dual Career Families and the Work-Life Balance*, the authors address these questions and ultimately argue that there is a need for a new balance between work and family life.

David Almeida is Associate Professor of Human Development and Family Studies at the Pennsylvania State University. He directs the National Study of Daily Experiences, a project that assesses stress and coping in the daily lives of 1500 adults across the United States. Dr. Almeida's work in this area has been funded by the National Institutes of Health, the John D. and Catherine T. MacArthur Foundation, the W.K. Kellogg Foundation, and the Alfred P. Sloan Foundation.

David Almeida has published widely on the health consequences of everyday stressors and fulfillments

such as work deadlines and family interactions. Part of this work has focused on how fathers manage work and family responsibilities on a day-to-day basis. Dr. Almeida is currently undertaking (with Ann Crouter) the Penn State Study of Hotel Work and Well-Being, a daily assessment of hotel managers, hourly workers, and their family members. This project was chosen to be part of the new National Institute of Child Health and Human Development research network on Work, Family, and Health.

Shelley M. MacDermid is a Professor in the Department of Child Development and Family Studies at Purdue University, where she also directs the Center for Families. From 2000 to 2005 she also co-directed the Military Family Research Institute, also at Purdue. Dr. MacDermid's research focuses on relationships between job conditions and family life, with special interests in organizational size, adult development, and organizational policies. The results of her work have been published in several scientific journals including [The Journal of Marriage and Family](#) and [The Academy of Management Journal](#).

Shelley MacDermid has received support from the Alfred P. Sloan Foundation, the Henry A. Murray Center, and the U.S. Department of Defense. In 2005, Dr. MacDermid was named a fellow of the National Council on Family Relations, and she was recently appointed by the Secretary of Defense to the Armed Forces Epidemiological Board Task Force on Mental Health. She works extensively with corporations, and she serves as a faculty fellow to the Boston College Work-Family Roundtable. Dr. MacDermid was recently recognized by the Families and Work Institute with a 2006 Work Life Legacy Award.