2021

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Mandatory SARS-CoV-2 Vaccinations in K-12 Schools, Colleges/Universities, and Businesses

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The Centers for Disease Control and Prevention (CDC) recently issued guidance that fully vaccinated individuals can safely remove masks and end social distancing in most indoor settings.1 Educational facilities and businesses are faced with whether and how to differentiate between vaccinated and unvaccinated individuals, including requiring proof of vaccination. Mandatory vaccination has historically served as a tool to reach and sustain high immunization coverage and to prevent transmission in K-12 schools, colleges/ universities, and health care facilities. Vaccine mandates could extend to workers and customers in businesses to ensure safer environments. This Viewpoint examines the epidemiologic, public health, and legal considerations for mandatory SARS-CoV-2 vaccinations in each setting.

K-12 Schools

States have police powers to safeguard the public’s health, which includes mandatory vaccination. Every state currently requires childhood vaccinations as a condition of school entry, often aligned with the CDC’s Advisory Committee on Immunization Practices recommendations, although there is wide variability among states. All states grant medical exemptions, 44 states and the District of Columbia grant religious exemptions, 15 states allow philosophical exemptions, and 6 states grant only medical exemptions.2

Although SARS-CoV-2 infections among children are typically asymptomatic or mild, severe symptoms can lead to hospitalization. Rare cases of multisystem inflammatory syndrome in children also occur. As of May 27, 2021, the American Academy of Pediatrics and the Children’s Hospital Association jointly reported 3,977,870 cumulative pediatric COVID-19 cases, 16,525 confirmed cases and 100 deaths.6 Children spend substantial time at school, day care, and after-school activities. Vaccines there-fore will provide important direct and indirect benefits.

Mandates and proof of vaccination are likely to enhance coverage and do so equitably, provided that doses are available to all without barriers, irrespective of socioeconomic or other status.

The Food and Drug Administration (FDA) has granted Emergency Use Authorization (EUA) for 3 SARS-CoV-2 vaccines. The FDA recently extended its EUA for the BNT162b2 (Pfizer-BioNTech) vaccine to 12- to 15-year-olds. The American Academy of Pediatrics also recommends SARS-CoV-2 vaccinations for all eligible youths. The FDA could decrease the age of eligibility to 6 months by January 2022 and is expected to issue a full Biologics License Application for the BNT162b2 vaccine before the 2021-2022 school year.

Vaccination of children is essential to gain high vaccination coverage and mitigate transmission. BNT162b2 vaccine was reported to be 100% effective in protecting adolescents aged 12 to 15 years against symptomatic disease. Mounting evidence also shows that all authorized COVID-19 vaccines reduce SARS-CoV-2 transmission.4 Children spend substantial time at school, day care, and after-school activities. Vaccines therefore will provide important direct and indirect benefits.

Despite clear benefits of childhood vaccination, school mandates do not yet meet public health criteria such as postmarketing surveillance establishing longer-term safety and strong support from health care professionals and the public.5 SARS-CoV-2 vaccine mandates in children would be premature. Using incentives instead of mandates would avoid public backlash that could undermine the SARS-CoV-2 vaccine rollout.

Postsecondary Education

Colleges and universities often require on-campus students to be vaccinated against viral infections such as measles, mumps, rubella, and meningococcal disease, especially those living in crowded settings, including residence halls and other congregate settings (eg, fraternity and sorority houses). Postsecondary educational institutions that remained open during the 2020-2021 school year experienced SARS-CoV-2 spread higher than the national average, with more than 660,000 reported probable and confirmed cases and 100 deaths.6

Consequently, many colleges and universities have announced plans to mandate vaccinations for students, and others have included faculty and staff. These institutions have not faced successful legal challenges to their current vaccine mandates, and it is likely the courts would support mandatory SARS-CoV-2 vaccines. The Equal Employment Opportunity Commission (EEOC) has issued guidance saying that vaccine mandates would be lawful, even under an EUA. Institutions, however, must grant medical and religious exemptions.

International students may not have access to FDA-authorized vaccines, so determining which products to include in the mandate will be key. The World Health Organization (WHO) has given emergency use listing for all
FDA-authorized vaccines, as well as for the Sinopharm, Sinovac, and Oxford University/AstraZeneca vaccines. For international students, US universities could potentially accept all vaccines that receive WHO emergency use listing. Educational institutions will also have to decide the safety protocols for individuals with medical or religious exemptions, including remote learning or a rigorous protocol of testing, symptom monitoring, and mask usage.

Businesses

Employees with close and prolonged contact with coworkers, customers, or both have increased risk of acquiring and transmitting infection. Superspreader events have been linked to bars, restaurants, weddings, churches, athletics, and food processing plants. A large percentage of the population has been at risk of SARS-CoV-2: as of June 2, 2021, approximately 41% of the population had been fully vaccinated; children younger than 12 years are not eligible, and others are immunosuppressed and may remain at risk for severe infection and transmission despite vaccination.

The Occupational Safety and Health Administration, as well as tort law, requires employers to provide a safe and healthy workplace. The administration recommends no-cost SARS-CoV-2 vaccinations for all eligible employees. EEOC guidance specifically permits businesses to require SARS-CoV-2 vaccination as a condition of employment, provided employers offer medical and religious exemptions. Asking for immunization status does not violate the right to privacy, provided the information is secure and does not require additional medical information. HIPAA (Health Insurance Portability and Accountability Act) applies only to health information kept by “covered entities,” primarily those providing health care services.

Despite EEOC guidance, businesses must comply with the law in the states in which they operate. At least 11 states have enacted laws (4) or issued executive orders (7) restricting SARS-CoV-2 mandates or proof of vaccination. Statutes or executive orders vary considerably in scope, with some limiting employer verification of vaccination status and others applying only to state and local agencies.

Unless proscribed by state law, private companies have wide discretion in conducting their business operations, provided they do not discriminate according to race, sex, disability, or other legally protected status. Businesses often set conditions on offering goods and services, such as requiring “shoes, shirts, and masking.” CDC guidance distinguishes between vaccinated and unvaccinated individuals, advising the latter to continue to mask and distance. Yet CDC leaves the private sector to implement its recommendations. The airline industry is testing mobile applications to verify immunization status of crew and passengers. New York is piloting its Excelsior Pass, allowing patrons to upload proof of vaccination or negative SARS-CoV-2 test results through written documentation or a digital application. Companies such as Walmart are providing economic incentives for vaccine status, and some include electronic verification. President Biden also called on employers to provide paid time off for vaccination and time needed to recover from vaccine-related adverse effects.

Mandating or Incentivizing SARS-CoV-2 Vaccinations

Mandates and proof of vaccination are likely to enhance coverage and do so equitably, provided that doses are available to all without barriers, irrespective of socioeconomic or other status. High vaccination coverage is the single most effective way for a safer return to normal activities. Mandates are most effective if high vaccination coverage cannot be achieved through other methods, reducing the risk that mandates could provoke a backlash.

Positive incentives could boost vaccination rates, including cash payments or time off from work, or reimbursement of childcare expenses associated with accessing a vaccine. Incentives at colleges and universities could include enforcement of recent CDC masking and distancing guidance, allowing vaccinated students to forgo mask wearing and attend social functions without distancing constraints. Furthermore, requiring unvaccinated individuals to undergo rigorous safety protocols (eg, testing, symptom monitoring, masking), or working or learning remotely, could encourage individuals who are vaccine hesitant. Educational institutions or businesses could also routinely offer SARS-CoV-2 vaccines at no cost, requiring individuals to affirmatively opt out, perhaps with an appropriate process, such as a brief vaccine literacy course, a written explanation for refusal, or both. Routine offering of vaccines with a process for opting out has been shown to boost vaccination coverage.

The goal of SARS-CoV-2 vaccination programs is to end the pandemic and maintain control of COVID-19 disease. Achieving this goal requires very high and homogeneous vaccine coverage to establish and maintain herd immunity. Vaccine mandates are a potential tool to achieve high vaccine coverage and may be valuable in addition to other public health interventions.

REFERENCES


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